

Physical Agility Test

Candidate: _____

Date: _____

Evaluator: _____

Event #1	½ Mile Brisk Walk	Pass	Fail
Notes:			

Event #2	Barbell Lift and Carry	Pass	Fail
Notes:			

Event #3	Stair Climb	Pass	Fail
Notes:			

Event #4	Chest Compressions and Lunge-and-Reach	Pass	Fail
Notes:			